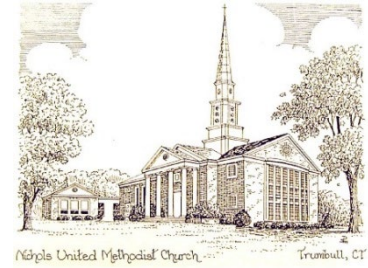


The Carillon

Nichols UMC

Volume Number 45, Issue Number 6

June 2022



Are You Smarter Than a Confirmand? - by Pastor David Piscatelli

NRS Acts 2 (Selected Verses) - When the day of Pentecost had come, they were all together in one place.² And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting.³ Divided tongues, as of fire, appeared among them, and a tongue rested on each of them.⁴ All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability...{Peter spoke}...⁴¹ So those who welcomed his message were baptized, and that day about three thousand persons were added.⁴² They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers.⁴³ Awe came upon everyone, because many wonders and signs were being done by the apostles...⁴⁶ Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts,⁴⁷ praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved.

Every year, the youth who participate in Confirmation at Nichols UMC are given a final exam. This test seeks to be sure that they at least know the basics of what it means to be a Methodist. While they might not get every question right, they all do very well! Sue Gram is an excellent teacher. But how many in the pews know the answers to these? If you want to have some fun, try, and answer some of the questions from an actual Confirmation Exam (answers at the bottom of page 4). 1) Who was the founder of Methodism? 2) What church did he belong to? 3) Who were the first two men to be anointed Bishop of the Methodist church? 4) What are the two sacraments of the UMC? 5) What is sin? 6) What liturgical colors are used on Easter and Communion? 7) What colors are used during Lent? 8) What is the book that governs the rules of the UMC? 9) Which of the following are prohibited by our social principles (multiple): divorce, marriage, gambling, alcohol, women clergy, sexual harassment? 10) Who is the person who supervises the work of the pastors and their churches in the whole Annual Conference (bonus if you can provide their name)?

After Jesus is resurrected, He ascends into heaven and the disciples are told to wait for the empowerment of the Holy Spirit. With vivid language in the text above, we see how the violent wind filled the upper room and pushed the disciples out into the streets among the people. The Holy Spirit filled them, and Peter gave the first sermon. The Day of Pentecost is considered the birth of the Christian Church. Since that time, churches have continued the process of bringing together believers led by the Holy Spirit to worship God, grow in faith, and serve our Lord Jesus Christ. On that first Pentecost, the Holy Spirit physically brought together believers from many diverse nations and backgrounds to establish a new community. The early believers gathered for baptism, fellowship, teaching, prayers, worship, and communion as they celebrated the work of the Holy Spirit among them. The power of the Holy Spirit draws people closer to God and to each other, demonstrating the importance of human togetherness in the work of God in the world. They did not set out to start a new religion, they sought to live out their faith.

If you scored 10 out of 10 congratulations! If you finished with a lower score (even zero), remember it is not what we know but who we know. Jesus wants people who will become His disciples, regardless of what denominations we belong to. We can know everything about being Methodist and still not feel connected to Jesus. John Wesley was an active clergy and missionary prior to feeling his heart strangely warmed at a camp meeting on Aldersgate Street. When he did not feel the connection he wanted, friends told him to just keep loving God and those around him and Holy Spirit would take care of the rest. That's exactly what happened! Jesus' first disciples did not always get it right either. They built relationships not buildings or denominations. We are encouraged to do the same in our time and space. So, if you are feeling a little lost or short of the faith you need to meet the challenges of the world today, keep loving God and doing the best you can to love your neighbor. God will take care of the rest. You might not be a great Methodist; but God has been connecting with imperfect people since the beginning of time and continues to do so today! ~Grace & peace, *Pastor David*



Celebrating Pentecost Sunday, June 5th

In celebration of the day please wear **RED**, signifying when the Holy Spirit came to the disciples and the people of Jerusalem.



Celebration & Baccalaureate Sunday

June 12th - 10am Worship Service

We will have a very special worship service celebrating the children and youth of our congregation. We encourage you NOT to miss this celebration of the 2021-2022 Church School year! Children in 3rd grade and up will receive their first Bibles.



If you or someone you know is graduating from high school, college, tech school, or graduate school and would like to be recognized on Baccalaureate Sunday, please contact the church office by **June 5th** via e-mail (nicholsmethodist@snet.net). Please include: graduate's name, school and degree/accomplishments.



9-9:45am Sunday Bible Study ~ In Person

This study is taught by David Preusch and focuses on the books of I & II Kings. This story begins with King Solomon and a unified powerful and influential Israel, which slowly unravels and culminates into a divided kingdom. It is relevant for us today as we live in such divisive times. This is an inclusive group study and no preparation is required, just

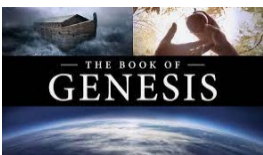
bring your Bible.



Peace & Prayer: Mid-Week Time of Devotion Zoom - Wednesdays 11:30-

11:45am - Judy Lang hosts a brief time of devotion and prayer via Zoom. This will be an opportunity to spend about 15 minutes centering ourselves in reflective thought and prayer. The link for this mid-week centering time can be accessed by clicking here:

[Peace & Prayer Midweek Time of Devotion](#) OR Dial in: (646)-876-9923, Meeting ID: 366 149 7977, Password: 35#.



Word & Coffee 9-10:00am on Zoom

Pastor David leads this study on the book Genesis. Come and learn how it all began as we discuss these first stories of God interacting with the created world. Each week we will open in prayer, read the passage, and discuss what we have learned/questioned during our reading and reflection. All are welcome, and you may drop in (via Zoom) any week. If you would like to attend, please email Pastor David pastordavidnumc@snet.net. NOTE: a recorded video version will also available upon request for those who cannot attend the live session.



Father's Day, Sunday, June 19th - Attention Dads...join us in Fellowship Hall immediately following the 10am worship service for a special Coffee Hour Celebration.



Hello Sunday School Families! Our faith journey continues this month with a 4-week series from the Old Testament of Ruth entitled "Ever After". We get to hear and be a part of God's true fairytale stories. We are going to look at the story of Ruth to see how God truly writes the best stories for us. The stories tell us how God gives us companions, people to stand by us, and encourage us during good and bad times. God gives us hope; in any situation we can always

find hope in God. God gives us boldness, being bold and doing what is right. And lastly God is always taking care of us. God has an ever after story for each one of us. Please mark your calendars for the June 12th Celebration Sunday. This is a very special time in our church where we celebrate the children and youth of our church. Children in 3rd grade and up will receive their first Bibles. We encourage all our families to attend this very special service together. Please check your emails for your June lesson outline and announcements.

~Blessings, Debbie Redin & Madison Mascola

"The Lord will watch over your coming and going both now and forevermore." Psalm 121:8

NUMC Youth Group



It is so hard to believe that summer is here – wow! I would like to extend a great big CONGRATULATIONS to all our graduating youth group members. Thank you for your commitment to youth group over the years and I hope that you will continue to drop in and say hello whenever you are in town. If you are staying local, I would love for you to consider becoming a young adult leader and helping out in youth group. May was a busy month. We attended a concert, an inter-varsity event, a movie, got

ice cream, and met at church. This is the time of year when everyone is crazy busy with proms, graduations, parties, etc. We will meet on Saturday, June 4th (event to be determined) and again on Sunday, June 12th. Also on Sunday, June 12th, we will be celebrating our graduates at church during the 10am service and would love to see you there. We will grab lunch after the service, and this will be our last official gathering in June. We will continue to meet throughout the summer and have fun events. If I do not have your email or cell phone number and you would like to be in the know about these events, please send me an e-mail or text and I can add you to the list. If you would like to help at Habitat for Humanity, I am looking for volunteers. The dates are July 23rd and September 24th. We will meet at NUMC at 8am and return about 4pm. You must be 16 or older to participate. Please let me know if you can join us. Happy Father's Day to all the dads out there. Thank you for raising amazing children of God. Thank you for all that you are and all that you do. Have a wonderful summer everyone.



Chrissy Ferrante, Youth Director ~ 203.558.7848 ~ chrissy842001@comcast.net

Condolences

Our condolences and prayers go with the families of:

- Gail Sawicki, who died on May 15th. A funeral service was held at Nichols UMC on May 20th.
- Muriel Welge, who died on April 23rd. A memorial service will be held at Nichols UMC on June 11th at 10am.



A Big NUMW thank you! NUMW would like to thank everyone who recently gave to our Hygiene Health Kit Drive for UMCOR. Because of your generosity, we were able to reach our goal of 100 kits and many more. Together we made **156 kits** that will be used for disaster relief. Each kit contained: 1 wash cloth, 1 hand towel, 1 comb, 1 toothbrush, 10 Band-Aids, 1 bar of soap, 1 nail clipper, plus \$1 for toothpaste. Kits will be delivered to a local collection site. We are so grateful for your continued support to benefit our missions. Thank you one and all. ~Nichols United Methodist Women



This month our offering will assist Henderson Settlement, a Methodist mission in Frakes, KY not far from the Tennessee border. Founded in 1925 by a Methodist minister, it has been a major influence in the region providing the people of Appalachia with an education as well as the means for supporting themselves and their families. The mission provides community services, a community store, youth ministries, a library, and a senior and a day care center. It seeks volunteers through a VIM (Volunteers in Mission) work camp program. The pandemic has increased the demand for more assistance from the families in the area and our support is vital to helping them serve the people. Checks or online donations may be made payable to NUMC. Please indicate Henderson on the memo line. Thank you.

Are You Smarter Than a Confirmand?

1. John Wesley
2. Church of England
3. Thomas Coke and Francis Asbury
4. Baptism and Communion
5. When we turn away from God's love and disobey God's laws
6. White
7. Purple
8. The Book of Discipline
9. Gambling, Alcohol, Sexual harassment
10. Bishop - Thomas J. Bickerton





Summer is coming and all the wonderful fresh produce. Try to eat a variety of colors and enjoy the fresh vegetables and fruits from the local farmers. The more colorful the foods you eat, the more vitamins and antioxidants you consume. Be healthy, eat a rainbow-colored meal.

BP Screening – We hope to resume blood pressure screening on the second Sunday of the month in July, following the 10am service.

JUNE HEALTH TIP

From the CDC website Updated May 5, 2022

Post COVID Syndrome

People with post-COVID conditions can have a wide range of symptoms that can last more than four weeks or even months after infection. Sometimes the symptoms can even go away or come back again. Post-COVID conditions may not affect everyone the same way. People with post-COVID conditions may experience health problems from different types and combinations of symptoms happening over different lengths of time. Most patients' symptoms slowly improve with time. However, for some people, post-COVID conditions may last months, and potentially years, after COVID-19 illness and may sometimes result in disability.

People who experience post-COVID conditions most commonly report:

- **General symptoms:** Tiredness or fatigue that interferes with daily life, symptoms that get worse after physical or mental effort (also known as “post-exertional malaise”), or fever.
- **Respiratory and heart symptoms:** Difficulty breathing or shortness of breath, cough, chest pain, or fast-beating or pounding heart (also known as heart palpitations).
- **Neurological symptoms:** Difficulty thinking or concentrating (sometimes referred to as “brain fog”), headache, sleep problems, dizziness when you stand up (lightheadedness), pins-and-needles feelings, change in smell or taste, or depression or anxiety.
- **Digestive symptoms:** Diarrhea or stomach pain.
- **Other symptoms:** Joint or muscle pain, rash, or changes in menstrual cycles.

Some people with post-COVID conditions have symptoms that are not explained by tests. People with post-COVID conditions may develop or continue to have symptoms that are hard to explain and manage. Clinical evaluations and results of routine blood tests, chest x-rays, and electrocardiograms may be normal. The symptoms are similar to those reported by people with [ME/CFS \(myalgic encephalomyelitis/chronic fatigue syndrome\)](#) and other poorly understood chronic illnesses that may occur after other infections. People with these unexplained symptoms may be misunderstood by their healthcare providers, which can result in a long time for them to get a diagnosis and receive appropriate care or treatment.

Some people experience new health conditions after COVID-19 illness. Some people, especially those who had severe COVID-19, experience multiorgan effects or autoimmune conditions with symptoms lasting weeks or months after COVID-19 illness. Multiorgan effects can involve many body systems, including the heart, lung, kidney, skin, and brain. As a result of these effects, people who have had COVID-19 may be more likely to develop new health conditions such as diabetes, heart conditions, or neurological conditions compared with people who have not had COVID-19.

Please see your doctor if you are experiencing post COVID symptoms.

“He gives strength to those who are tired and more power to those who are weak...” Isaiah 40:29

God Bless You All! Your Parish Nurses



June 1 Sara DiVasto
June 1 Richard Kaelin
June 1 Sophie Shay
June 2 Christal Anku
June 2 Maggie Carley
June 3 Marc Mascola
June 3 Brian Weir
June 4 Karen Anderson
June 4 Amanda Pfohl
June 5 Catie Micinilio
June 6 Tyler Dery
June 6 Jack Gerard
June 6 Madeline Martin
June 6 Blake Pedersen
June 6 Parker Sapia
June 6 Lindsay Wheeler
June 7 Charles Poarch
June 7 Rich Stinchcomb
June 8 Jeffrey Blake
June 8 Ella MacDonald
June 8 Sharon Preusch
June 8 Jimmy Stinchcomb
June 11 Grace L. Ferrigno
June 11 Hank Grzyb
June 11 Grant Rockwell

June 12 Peggy Bryson
June 12 Michael DelVecchio
June 12 Trevor Hansen
June 12 Sean Jackson
June 13 Jillian Greene
June 14 Madeline Giancarli
June 14 Kate LaPietra
June 14 Nancy Vitone
June 14 Angela Weir
June 15 Tess Gorton
June 15 Julia Musto
June 15 Owen Shay
June 15 Bob Virgalla
June 17 Anna Lou Daly
June 18 Emily Bietsch
June 18 Peggy Bond-Cook
June 18 John DiTullio
June 18 Robert Pohle
June 18 Charles Schadlich
June 19 Meghan Barton
June 19 Tracey Hoggatt
June 19 Marcy Koury
June 19 Scott Mellinger
June 19 Valerie Rakoczy
June 21 Isabel Kyrytschenko

June 22 Rachael Minty
June 22 Clark Overhiser
June 22 Mike Swan
June 23 Fred Bietsch
June 23 Connie Chase
June 23 Michael Heard
June 23 Sophia Motyl
June 23 Lisa K. Peters
June 23 Judy Usilton
June 24 Rachel Orr
June 24 Will Stoni
June 25 Kristin Clark
June 26 Deidre H. Burke
June 27 Brian Marino
June 27 Rick Quiricone
June 27 Debbie Sippel
June 28 Jackie Mustakas
June 28 Matthew Stoni
June 30 Oliva Giancarli
June 30 Juliana Harris
June 30 Lucas Lage
June 30 Maggie Mascola
June 30 Richard Stanley

June 2022

Sunday Monday Tuesday Wednesday... Thursday Friday Saturday

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|--|--|--|---|---|---|---|---|---|--|---|--|---|-----------------------------------|--|---|----------|---|---|---|--|---------------------------------------|------------------|----|---------------|--|--|----------------|---------|--------|--------|--------|--------|--|---|
| 29 Every Sunday 9 AM Bible Study 10 AM Worship w/ nursery care and church school 11 AM Coffee Hour | 30 MDO/Kids N Spirit 9:30-1:30 and 9:45-1:45 Tuesday & Friday June 3, 7 & 10 | 31 1 9:45 AM UMW Ex. Bd. Mtg. 11:30 AM Peace & Prayer w/Judy - Zoom 7 PM Boy Scouts 8 PM AA | 2 9 AM Bible Study 10 AM AA 6:30 PM Choir Rehearsal | 3 10 AM Confirmation Rehearsal TTBD Youth Group Hiking | 4 11 AM UMW Luncheon 11:30 AM Peace & Prayer w/Judy - Zoom 7 PM Trustees Mtg - Zoom 7 PM Boy Scouts 8 PM AA | 5 Confirmation Sunday 6:45 PM ASP Mtg 7 PM AA | 6 7 PM Staff Parish Relations Mtg - Zoom | 7 9:30 AM Memoir Writing 5:30 PM AA 6:30 PM Bells | 8 11:30 AM Peace & Prayer w/Judy - Zoom 7 PM Boy Scouts 8 PM AA | 9 9 AM Bible Study 10 AM AA 6:30 PM Choir Rehearsal | 10 10 AM Welge Memorial Service and Reception | 12 Celebration and Baccalaureate Sunday 5-7 PM Youth Group 7 PM AA | 13 7 PM Worship Committee Mtg - Zoom | 14 5:30 PM AA 6:30 PM Bells | 15 11:30 AM Peace & Prayer w/Judy - Zoom 7 PM Boy Scouts 7 PM ASP Adv Bd 8 PM AA | 16 9 AM Bible Study 10 AM AA 6:30 PM Choir Rehearsal | 17 18 | 19 Choir Sunday 7 pm Boy Scout Committee Mtg 7 PM AA | 20 7 PM Finance Committee Mtg - Zoom | 21 9:30 AM Memoir Writing 5:30 PM AA | 22 11:30 AM Peace & Prayer w/Judy - Zoom 8 PM AA | 23 9 AM Bible Study 10 AM AA | 24 ASP Leaves | 25 | 26 7 PM AA | 27 7 AM Merton House Sandwiches 5:30 PM AA | 28 11:30 AM Peace & Prayer w/Judy - Zoom 8 PM AA | 29 10 AM AA | 30 1 | 1 2 | 3 4 | 5 6 | 6 7 | 7 May 2022 Su Mo Tu We Th Fr Sa 24 25 26 27 28 29 30 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3 4 | 1 July 2022 Su Mo Tu We Th Fr Sa 26 27 28 29 30 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3 4 5 6 |
|---|--|--|--|---|---|---|---|---|---|--|---|--|---|-----------------------------------|--|---|----------|---|---|---|--|---------------------------------------|------------------|----|---------------|--|--|----------------|---------|--------|--------|--------|--------|--|---|

Nichols United Methodist Church

The Carillon

35 Shelton Road

Trumbull, CT 06611

203-375-5817

nicholsmethodist@snet.net

www.nicholsumc.org

Holly Piscatelli, Editor

Submit articles through

e-mail: numccarillon@yahoo.com

DEADLINE FOR THE July/August 2022 ISSUE IS June 12th



NUMW Wednesday, June 8th Luncheon

Nichols United Methodist Women cordially invites all women and men to our very special luncheon in Fellowship Hall. We have lots to celebrate—our installation of officers, our presentation of special awards, our recent donation of 156 hygiene health kits to UMCOR, and the gift of being together again! Our times are: 11:30am Fellowship, 12noon Installation and Awards, 12:15pm

Luncheon followed by a surprise program...shhh!. If you are not already on our calling list, you may make a reservation by calling June Hoyt (475-319-2656) or Jan Moore (203-375-4636). The cost is just \$6 for our extra special lunch with set-ups being provided. All are welcome and encouraged to attend. Come and be a part of our celebration. This will be our last luncheon until we meet again in September.

Executive Board Meeting: Wednesday June 1st, 9:45am in the lounge