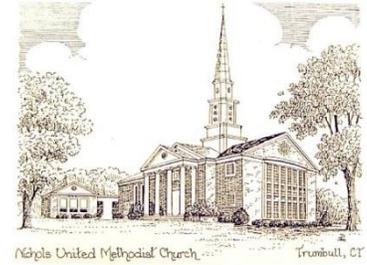


# The Carillon

Nichols UMC

Volume Number 45, Issue Number 10

November 2022



## **"Benefits of a Thankful Heart" - by Judy Lang, Certified Lay Minister**

*NIV I Thessalonians 5:16-18 "Rejoice always, pray continually, give thanks in all circumstances, for this is God's will for you in Christ Jesus. Psalm 50:14-15 "Offer unto God thanksgiving and call upon him in this day of trouble. God will deliver us and we will glorify him. Thanksgiving provides the blessings of God upon our lives.*

November is here which brings thoughts and plans for a traditional Thanksgiving celebration! We all have our own special foods and activities to enhance the day; but I suggest that we consider a broader sense of what it means to be truly thankful. Thankful all the time! To be thankful is a state of being, where you feel a sense of appreciation that comes from deep within. You are at peace with the world, at peace with the people around you, at even at peace with yourself. This feeling of calm is fulfilling and therapeutic. It triggers endorphins that can make us feel good, sometimes in spite of ourselves. We've all had times when we've felt down in the dumps or depressed. It's difficult to feel thankful or grateful at times like that. To be truly grateful for all of God's gifts in our lives, we need to be reminded of just how blessed we are. We pray that we never forget to show our gratitude in prayer to God. We are then able to live into this gratitude and return these gifts as acts of kindness to others. We are to give thanks in all circumstances for this is God's will. We know that God will deliver us, and we will glorify Him!

Thanksgiving brings deliverance from our troubles. As Christians, we are blessed to know that God, Jesus, and the Holy Spirit are with each one of us every day. Our troubles are known to them and all we need to do is reach out in prayer and ask for help to get through the circumstances. When we receive their help, that's when we need to remember to be thankful. When we share what God has done in our lives with others, we bring glory to His name!

Thanksgiving is much more than a special day in November. It's much more than remembering that the pilgrims arrived and survived. Thanksgiving is a lifestyle of faithful acknowledgement of God's blessings. A chance to remember all that God has showered upon us throughout the year and continues to shower upon us every day! We can then look at the impact of these blessings, at how fortunate we have been, and then return this grace to others who are in need. Living with thanksgiving in our hearts won't prevent or take away challenges we face but it does help us remember who to go to for help to get through it all.

As Pastor David often says: "Holy Lord, we give you thanks and praise for all the blessings you have provided". Let us offer thanks and praise to God, to Jesus, and to the Holy Spirit every day! Let us live into and remember that Thanksgiving Day is every day, not just the designation listed on the November calendar.

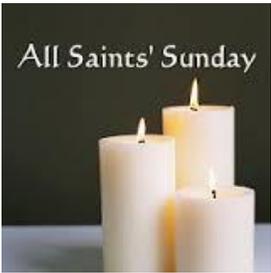
Holy Lord, we give you thanks and praise this day, and in every way we praise your Holy name! It is an honor, a privilege, and a responsibility to glorify you, to thank you, and to share your love with others!

Amen and Amen! ~Judy Lang, CLM



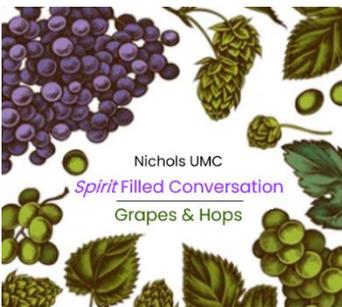
## Daylight Savings Time Ends – Sunday, November 6<sup>th</sup>

Don't forget to set your clocks back an hour on Saturday evening, November 7<sup>th</sup>, or else you will be very early to church!



## All Saints Sunday – November 6<sup>th</sup>

Nichols United Methodist Church celebrates All Saints Sunday on the first Sunday in November. It is a day of remembrance for the saints. As Methodists, we do not recognize specific historical saints, but rather use the New Testament definition of 'saints': all Christian people of every time and place. We celebrate the communion of saints as we remember those who have died, both of the Church universal, and our local congregation. During all our worship services on that day we will be reading the names of those from our congregation and membership who died during the past year and lighting a candle on the altar to celebrate their lives. In addition, there will be an opportunity to lift the name of friends and family members who have died. We look forward to worshipping with you on this special day.



## Spirit Filled Conversation ~ Grapes & Hops

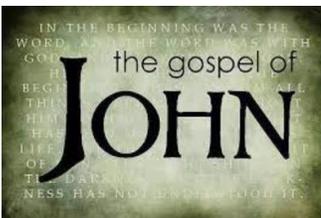
### Tuesday, November 8<sup>th</sup>, 7-8pm at the Parsonage

This is a new ministry led by Pastor David that will gather once a month to 'tap' into different theological topics. It is a great opportunity to gather and meet new people and ask deep questions about the Bible, faith, and life. We have decided to move this to the parsonage (22 Shelter Rock Road, Trumbull) to accommodate more people and create a better environment for conversation. Iced tea, water, wine, and beer will be provided, so just bring your deep questions and yourself. If you would

like more information, please contact Pastor David at [pastordavidnumc@snet.net](mailto:pastordavidnumc@snet.net) or 203-812-0793.



The Trumbull Interfaith Council invites you to attend the annual community Interfaith Thanksgiving Service. It will be held Sunday, November 20<sup>th</sup> at 3pm at St. John the Baptist Byzantine Catholic Church, 100 Saint John Drive, Trumbull. If able, please bring a donation of non-perishable food items for the Trumbull Social Services. An offering will be received for local missions.



## Sundays 9-9:45am Adult Bible Study – In Person

This study is taught by David Preusch and meets in the Numbers classroom. Have you ever stopped and asked yourself just who Jesus is? Why did He appear on earth? And, most importantly, what does that mean for me? The answers to these questions and much more can be found in the Gospel of John and this study will be seeking answers to these questions. This is an inclusive study that includes the reading of

short passages followed by questions about the passage for group discussion. Notes on the history and geography of the time and place provide context. There is no homework required but to bring the bible translation of your choice. If you are new to Bible study and would like a place to start or would like a group setting, the Gospel of John is the place to start!



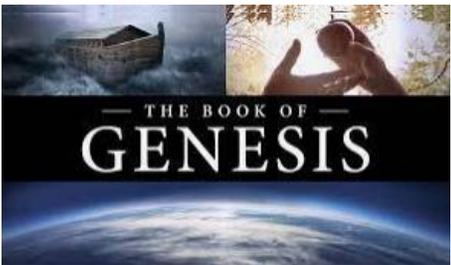
### Sundays 10am The Message Conversation Study - In Person

The Message Conversation study is back after the 9AM service. Please join us in the lounge for a discussion of Pastor David’s sermon. No study guide or homework needed. Just come and join in! All are welcome. Any questions, please contact Caryn Hammond at [caryn3u2d@gmail.com](mailto:caryn3u2d@gmail.com).



### Peace & Prayer: Mid-Week Time of Devotion - Zoom

Wednesdays 11:30-11:45am - Judy Lang hosts a brief time of devotion and prayer via Zoom. This will be an opportunity to spend about 15 minutes centering ourselves in reflective thought and prayer. The link for this mid-week centering time can be accessed by clicking here: [Peace & Prayer Midweek Time of Devotion](#) OR Dial in: (646)-876-9923, Meeting ID: 366 149 7977, Password: 35#.



### Word & Coffee Thursdays, 9-10am - Zoom

Pastor David leads this study on the book Genesis. Come and learn how it all began as we discuss these first stores of God interacting with the created world. Each week we will open in prayer, read the passage, and discuss what we have learned/questioned during our reading and reflection. All are welcome, and you may drop in (via Zoom) any week. If you would like to attend, please email Pastor David [pastordavidnumc@snet.net](mailto:pastordavidnumc@snet.net). NOTE: a

recorded video version will also available upon request for those who cannot attend the live session.



### Footsteps in the Sand - Spiritual Retreat Men’s Weekend November 11<sup>th</sup> - 13<sup>th</sup>

You may know some friends at NUMC who have participated in Tres Dias in the past. Our Christian Renewal Weekends are now called “Footsteps in the Sand”, and they were completely revised in 2022 to relate more closely to the world today. The retreat begins on Friday evening and ends on Sunday afternoon. It is conducted by a team of 21 volunteers, including two members of the clergy, coming from a variety of churches and denominations in Fairfield and New Haven counties. The mission is to develop leaders for the local church and to encourage Christian action. The focus is on God’s love for us, our love for God, and our love for our neighbor. For more information, please look at the website <http://footsteps-sand.org> to learn more and/or talk to Bob Virgalla 203-733-5006. Please give it prayerful consideration and visit the website to register.



Our lessons for November are all about God's love, Thanksgiving, families, caring, and sharing. Kids will learn that families come in all shapes and sizes and just how important families are to God. We will learn how can we show Gods love in our own families. We will discuss how God is always there for us, especially through the hard times. We will celebrate God's goodness & learn about harvest in Bible times. Kids will learn because God takes care of us, we can share and take care of others, and how sharing benefits everyone.

Together, we will fill a food basket for a family in Covenant to Care. We will also be setting aside dedicated time in our Sunday school class to begin pageant rehearsal with Jennifer and Tom Clarke. Yes, you heard correctly, our Christmas pageant will be here soon, and practice makes perfect. It's a busy time of year but wonderful time of year! Blessings to all and have a happy Thanksgiving.

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*Debbie Redin, Education Director ~ 203.375.1129 ~ [debtea123@aol.com](mailto:debtea123@aol.com)*

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## NUMC Youth Group

Fun times were had in October. We started the month out at Plasko's Farm in Trumbull where we got lost in the corn maze, practiced our dance moves, and had some ice cream. We also had a make your own pizza night and a costume party at the end of the month. A few of us went to see Sidewalk Prophets at Black Rock Church in Fairfield. What a fantastic night! As youth group progresses, and I get a better idea of how many are participating, I would love it if we could get some volunteers to make a meal for us. Food is such a big part of our ministry. Who doesn't love a good meal?! I have put a sign-up sheet in the hallway between fellowship hall and the sanctuary. If you are feeling led to serve us, please sign-up for a week. Whatever you can do would be greatly appreciated. If you would like more information, please contact me. Have a blessed Thanksgiving. Thanking God for blessing me with all of you.

The November calendar is below:

**November 6<sup>th</sup>** - Fellowship Hall 5-7PM

**November 13<sup>th</sup>** - Fellowship Hall 5-7PM

**November 20<sup>th</sup>** - Fellowship Hall 5-7PM

**November 27<sup>th</sup>** - No youth group



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*Chrissy Ferrante, Youth Director~203.558.7848~[chrissy842001@comcast.net](mailto:chrissy842001@comcast.net)*

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## Condolences

Our condolences and prayers go with the family of **Carole Bianco**, who died on September 22<sup>nd</sup>. Her funeral service was held at Abriola Parkview Funeral Home on Friday, September 30<sup>th</sup>, and officiated by CLM Judy Lang.

## Thank You

Many thanks to all who contributed to the success of the 2022 United Women in Faith Fall Fair! Special thanks to all who volunteered their time to: price and sort donations, advertise, price, and display jewelry, publicize our event, make phone calls, hang banners, install yard signs, carry up attic treasures to Fellowship Hall, set up and organize tables during the week, work during the Preview Sale and Fair Day, handle finances and cashiering, and help box and haul away items to other churches and charities. Thank you to all who donated their attic treasures, the many bakers and soup makers, our youth who volunteered (confirmands and Boy Scout Troop 67), the men of the church who pitched in to help in many ways, our church staff for the extra work required of them, and our four craft vendors. We appreciate all who supported us by attending the fair spending money at the fair and praying for the success of the fair. It takes a village! We are truly United Women (and men) in Faith! ~Becky Virgalla



### **NUMC Body and Soul Yoga Continues - All Levels Welcome Tuesdays 7:30-8:45pm in Fellowship Hall**

Come and experience the wonder of yoga. Meditate, stretch, and strengthen as Laurie leads you through this hour leaving you rejuvenated, relaxed and stress-free.

Cost - \$12 drop-in fee, save \$2 per class by signing up for the next 6-week series starting November 8<sup>th</sup>

Please call or email for more information:

Janel Foote 203-521-1714 or [ctjanel@gmail.com](mailto:ctjanel@gmail.com)

Laurie Trupp, Instructor 203-209-9679 [laurietrupp@yahoo.com](mailto:laurietrupp@yahoo.com)

### **Confirmation Projects:**

Hello, my name is Maggie Mascola and I am a confirmand this year. For my service project I am collecting new or gently used winter coats to donate to the Bridgeport Rescue Mission. There will be a collection bin in the hallway leading to Fellowship Hall. I will be collecting coats until November 13<sup>th</sup>. Thank you for your support and donations.

Hello! My name is Emily Clark, and I am a confirmand here at Nichols Church. For my service project, I will be assembling birthday cake kits for the food pantry here in Trumbull. Everyone deserves a birthday cake on their special day, so won't you help deliver some birthday smiles to Trumbull families in need by donating cake mixes, frostings, cake pans, and candles this November? I will be collecting items from November 20<sup>th</sup> through December 4<sup>th</sup>. I will place a box to leave your donations in the hallway, near the entrance to Fellowship Hall. Thank you for your help with this project! ~Blessings, Emily Clark

## Covenant to Care Thanksgiving Baskets Collected October 30<sup>th</sup> thru November 13<sup>th</sup>



Thanksgiving is a time for family, food, and generosity. It has been a tradition at Nichols Church to collect food and donate food baskets to families in the Covenant to Care Program. If you would like to participate, there are many ways that you can help:



1. Make it a family project and fill a box with food items for a family of 5 and return it on Sunday, November 13<sup>th</sup>. (Decorated boxes are appreciated but not necessary.)
2. Drop off food and leave in the Donation box in the hallway marked "Covenant to Care" (suggestions are canned/dried beans, corn, green beans, instant potatoes, gravy, rice, fruit cocktail, a dessert, stuffing, peanut butter, cereal corn bread, pancake mix, syrup, and pasta).
3. Donate money. (A check made out to NUMC with Covenant to Care in the memo line). I will be happy to buy the groceries to fill a box.
4. Donate a grocery store gift certificate to accompany each box for the family to buy their preferred main dish and other items to complete their Thanksgiving meal.

Please note the last day to donate and return your box is **Sunday, November 13<sup>th</sup>**. Thank you for your generosity. I feel blessed to be part of such a loving and giving congregation. Please call Deb Redin at 203-375-1129 if you have any questions.

### A Moment for Missions:

November's mission is for **The School Loan Project**. Real betterment in the world is often driven by students who know how to think big and work hard. The School Loan Project has supported those values with our Honduran education micro loans and pay-back service projects since 1994. 2022 was a big year for Honduras and the Project - we gave out 19 loans and the students returned to in-person classes. Also, Honduras elected their first female president, made some in-roads against corruption, and achieved a 78% COVID vaccination rate. In a conversation recently with several of our students they said *'Its amazing, we have a female president - not many countries can say that! And ours isn't a beauty queen - she knows how to work.'* It's honestly a little uncommon, but so great to hear that kind of pride in their country. Thank you NUMC for helping us build the ranks of proud, big thinking students for 28 great years. If you would like to contribute please make checks payable to NUMC and indicate "The School Loan Project" in the memo.

### **Offering & Tithe Reminder**

Please continue to give faithfully to the church's operating budget. The easiest way to do that is to give online at <https://nicholsumc.org/> (note we've added Venmo as another option for giving). You can also mail offering checks to the church at 35 Shelton Road, Trumbull CT 06611.

The NUMW is offering frozen unbaked apple crust, apple crumb, apple cranberry and pumpkin pies on Sundays after the service until Thanksgiving for \$14 and \$16 for apple cranberry. A limited number of sugar free apple pies will also be available but must be ordered in advance. Please place orders for pies to be picked up on November 13<sup>th</sup> and 20<sup>th</sup>. Please call Phyllis Grafton at 203-386-8973 to place orders or use the form in the Sunday bulletin. It would be appreciated if orders could be prepaid, especially for the November 20<sup>th</sup> pickup.

November 1 Janice DiVasto  
November 2 Elizabeth Dunn  
November 3 Ellie Adams  
November 3 Joan Gould  
November 3 Heather Seuch  
November 3 Avery Wheeler  
November 4 Doris Breda  
November 4 Danny Luebbert  
November 4 Ryan McKenzie  
November 6 Lynn M. Carew  
November 6 Sue Ferris  
November 6 Derek Heard  
November 6 Joanne Robinson  
November 7 Cheryl Blake  
November 7 Rich Ruby  
November 7 Chris Steigler  
November 7 Jack Sweet  
November 8 Kenneth Young  
November 9 Grace Hall  
November 9 Marge Presson  
November 9 Cade Sippel  
November 10 Ellie Hrbek  
November 10 Phil Payson  
November 12 Eugene Leone  
November 12 Janet Shafer  
November 13 Dan Marazita  
November 13 Brayden Quiricone  
November 14 Daniel Alves Jr.  
November 14 Laura A. Moore  
November 16 Molly Martin  
November 16 Heidi Prenty  
November 17 Mary Jane Berkowitz  
November 17 Taylor Collison  
November 17 Sally DiTullio

November 17 Kirsten Pond  
November 17 Michael Racette  
November 18 Doug Doyle  
November 18 Chris Greene  
November 19 Sarah Pogany  
November 20 Dawn Cantafio  
November 20 Elowen Claydon  
November 20 Jen Erenberg  
November 20 Catherine Micinilio  
November 20 Stephen Raccuia  
November 20 Alan Shafer  
November 21 Nancy Gargiulo  
November 22 Holly G. Paul  
November 23 Julia Coe  
November 23 Joan Poarch  
November 24 Susan Bruner  
November 24 Emma Swan  
November 25 Patrick Blake  
November 25 Nash Mustakas  
November 26 Sean Marazita  
November 26 Christine Nicholson  
November 26 Robert Telep  
November 27 Marcy Clair  
November 27 Elise H. Kaelin  
November 27 Seraphina Monte  
November 28 Darlene Cipriani  
November 28 Stephen Dineley  
November 28 Janel Foote  
November 28 Ryan Healey  
November 29 Mary Rose Dymond  
November 29 Christopher Storck  
November 30 Sheryl Coe  
November 30 Mark Graham  
November 30 Sean Racette

# November 2022

Sunday	Monday	Tuesday	Wednes...	Thursday	Friday	Saturday
<b>Every Sunday</b> 8 AM Worship w/ communion 9 AM Contemp Service 9 AM Bible Study 10 AM Worship w/ nursery care, church school & Message Study 11 AM Coffee Hour	31	9:30 am Memoir Writing  5:30 pm AA 6:30 pm Bells 7:30 pm Yoga 7:45 pm Praise Band Rehearsal	2	9:30 am UWIF Board Meeting 11:30 am Peace & Prayer -Zoom 7:00 pm Boy Scouts 8:00 pm AA	3	9:00 am Word & Coffee 10:00 am AA 6:30 pm Choir Rehearsal  6:00-8:00 pm Cub Scouts
<b>Daylight Savings Time Ends - Fall Back</b> 9 am Confirmation Class 5-6:30 pm Sea Scouts 5-7 pm Youth Group 7 pm AA	6	7	8	9	10	11
9 am Confirmation Class 5-6:30 pm Sea Scouts 5-7 pm Youth Group 7 pm AA	6:00-8:00 pm Cub Scouts 7:00 pm SPRC Meeting - Zoom	5:30 pm AA 6:30 pm Bells 7:00 pm Spirit Filled Conv - Parsonage 7:30 pm Yoga 7:45 pm Praise Band Rehearsal	11:30 am Peace & Prayer - Zoom 7:00 pm Boy Scouts 8:00 pm AA	9:00 am Word & Coffee 10:00 am AA 6:30 pm Choir Rehearsal	Veteran's Day	9:30 am United Women in Faith Breakfast & Program
13	14	15	16	17	18	19
9 am Confirmation Class 5-6:30 pm Sea Scouts 5-7 pm Youth Group 7 pm AA	6:00-8:00 pm Cub Scouts	9:30 am Memoir Writing 5:30 pm AA 6:30 pm Bells 7:30 pm Yoga 7:45 pm Praise Band Rehearsal	11:30 am Peace & Prayer -Zoom 7:00 pm Boy Scouts 7:00 pm Trustees Meeting - Zoom 7:00 pm ASP Bd Meeting 8:00 pm AA	9:00 am Word & Coffee 10:00 am AA 6:30 pm Choir Rehearsal		 7:30 am Merton House Sandwiches
20	21	22	23	24	25	26
9 am Confirmation Class 5-6:30 pm Sea Scouts 5-7 pm Youth Groups 7 pm AA 7pm Boy Scout Comm. Mtg.	6:00-8:00 pm Cub Scouts  7:00 Finance Committee Meeting - Zoom	5:30 pm AA 6:30 pm Bells 7:30 pm Yoga 7:45 pm Praise Band Rehearsal	11:30 am Peace & Prayer - Zoom 7:00 pm Boy Scouts 8:00 pm AA	<b>Happy Thanksgiving</b>  10:00 am AA		TBD Eagle Scout Court of Honor and Reception
27	28	29	30	1	2	3
5-6:30 pm Sea Scouts  7 pm AA	6:00-8:00 pm Cub Scouts 7:00 pm Church Council Meeting - Zoom	5:30 pm AA 6:30 pm Bells 7:30 pm Yoga 7:45 pm Praise Band Rehearsal	11:30 am Peace & Prayer - Zoom 7:00 pm Boy Scouts 8:00 pm AA			
4	5	6	7	8	October 2022 Su Mo Tu We Th Fr Sa 25 26 27 28 29 30 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3 4 5	
		MDO 2 9:30-1:45 Tues-Friday MDO 3 9:15-1:45 Tue & Fri  <b>No school Nov 22-25</b>			December 2022 Su Mo Tu We Th Fr Sa 27 28 29 30 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3 4 5 6 7	

## Nichols United Methodist Church

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Holly Piscatelli, Editor

Submit articles through

e-mail: [numccarillon@yahoo.com](mailto:numccarillon@yahoo.com)

### **DEADLINE FOR THE December 2022 issue is November 12<sup>th</sup>**

The Carillon is published monthly except during July by the Nichols United Methodist Church, 35 Shelton Road, Trumbull, CT 06611. Send address changes to; The Carillon, 35 Shelton Road, Trumbull, CT 06611. Submissions should be emailed to NUMCCarillon@yahoo.com will be confirmed by the Editor.



### **Contiental Breakfast Celebrating Veterans Day- Wednesday, November 9<sup>th</sup> at 9:30AM**

A special day, special time, and special invite to all men and women. This month will feature our ever popular and entertaining guest speaker Hamish Lutris, college professor and historian. He will share his knowledge on "Native American and the West". Come and share in the fellowship on this special day. The cost is only \$3. If you are not already on our calling list, you may make reservations and get additional information by calling June Hoyt (475-319-2656) or you can contact Sue DeVecchio, our host, at [delvecs523@gmail.com](mailto:delvecs523@gmail.com).

**Executive Board Meeting** – Wednesday, November 2<sup>nd</sup> at 9:30am in the Lounge.