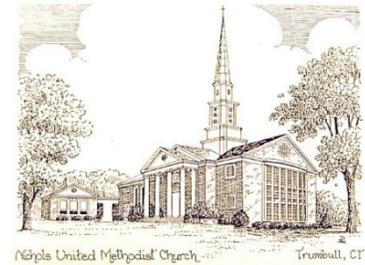


The Carillon

Nichols UMC

Volume Number 45, Issue Number 8

September 2022



Taking Time to Pause and Worship - by Pastor David Piscatelli

NRS Genesis 28:18-22 So Jacob rose early in the morning, and he took the stone that he had put under his head and set it up for a pillar and poured oil on the top of it. ¹⁹ He called that place Bethel; but the name of the city was Luz at the first. ²⁰ Then Jacob made a vow, saying, "If God will be with me, and will keep me in this way that I go, and will give me bread to eat and clothing to wear, ²¹ so that I come again to my father's house in peace, then the LORD shall be my God, ²² and this stone, which I have set up for a pillar, shall be God's house; and of all that you give me I will surely give one tenth to you."

Jacob is one of the more interesting characters in the Bible. He is the grandson of Abraham and the father of Joseph and the twelve tribes of Israel. In fact, God changes his name from Jacob to Israel to reflect that he wrestled with an angel of God and humans and prevailed. In the passage above, Jacob receives a vision from God in which God reaffirms the promises made to Abraham: lots of descendants, an abundance of land, and that Jacob would be a blessing to the world around him. Then God adds to the promise by stating that God would always be with him. In response to those promises and blessings, Jacob makes an altar and worships God on that very spot. He also pledges to give back to God a portion of what God will give him over his lifetime. Jacob acknowledges God's presence and deliberately takes time to pause and give thanks before moving forward.

It has been a rough three years for most of us. Because of the COVID pandemic, it has been three years since we celebrated Welcome Back/Rally Day Sunday in 2019. In 2020, we were just beginning to worship in our sanctuary with significant restrictions. In August 2021, we saw a spike in positivity rates that caused us to once more delay resuming all of our ministries and programs. Finally, we now enter a fall season where we are not burdened by fear and cumbersome protocols. Much has changed since September 2019. We now live stream our 10am service every single week to approximately 70 people, some who are sick, shut-in, compromised, and out of towners. We have upgraded our organ, refreshed our sanctuary, and begun construction of a handicapped accessible/family restroom. Yet there are also many ministries that lost traction over that time that need to be restarted or reimagined. The United Methodist Women (UMW) are now United Women in Faith (UWF). Many of our youth have graduated and gone off to college and we are all three years older. There are also many empty spaces in our hearts and our pews because of those we have lost. God has been with us on this journey and God promises to be with us in the future. It is a good time for all of us to acknowledge what God has done and deliberately take time to pause and give thanks as we move forward.

On September 11th we will have our Rally Day Sunday as we welcome back our three worship services and have a church-wide picnic after the 10am service. We will restart our Sunday School program, youth group, Confirmation, Sunday morning Bible Study, and more! Some things will be different and, yet some of our favorite parts of being Nichols Church will return. This period in our lives has been truly difficult to endure; we will be forever changed because of what we have experienced. And throughout that process God has sustained us, guided us, and comforted us in our grief and anxiety. God continues to be faithful to all of us - just like God was faithful to Israel.

As many of our programs and ministries resume, I pray that each of us takes time to pause and worship. We can no longer take singing hymns, gathering in the sanctuary, and sharing fellowship for granted. God has given us great promises through Jesus Christ our Lord. The promise of forgiveness, the promise of salvation, and the promise that God will be with us in all we go through. May this fall be an opportunity for us to connect or reconnect to the One who created us and calls us to be disciples of Jesus. Take a moment to read through all the opportunities we have so that you can connect and grow in our faith. May we deliberately take time to acknowledge God's presence and be in an attitude of worship as we move forward into the fall. ~Grace & peace, *Pastor David*

RALLY DAY - Sunday, September 11th



Starting the first Sunday after Labor Day

8am – Traditional Service w/Communion
9am – Contemporary Service w/Praise Band
10am – Traditional Worship Service & Livestreamed

10am – Children's Sunday School Nursery Care at 9am & 10am

Marking the Return to Three Worship Services

Beginning Sunday, September 11th, we will return to our normal three worship service schedule, Sunday School and Confirmation class. We will have our Communion Service at 8am in the chapel (until 8:40am), Contemporary Service at 9am in the sanctuary (until 9:45am), and the Traditional Service both in person and live streamed with our chancel choir at 10am.

Rally Day Picnic

Sunday, September 11th after the 10am Worship Service



Bring your blankets, chairs and appetites and join the fun at the NIA field at the gazebo, which is located directly across the street from the church. Lots of food and fellowship. Burgers, hot dogs, salads, sides, and desserts! A RSVP is needed to Sue DelVecchio at delvecs523@gmail.com by September 4th. We could always use some picnic elves for set-up, servicing, and cleanup. Please let Sue know if you are available to help. Thank you and see you there!



9-9:45am Bible Study

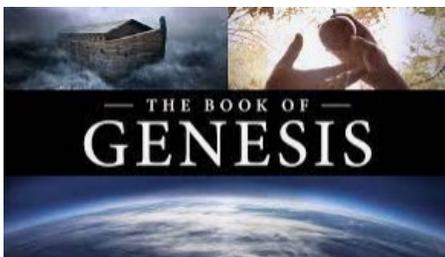
Beginning Sunday, September 11th-In Person

This study is taught by David Preusch and meets in the Numbers classroom. It focuses on the book of II Kings. This story began with King Solomon and a unified powerful and influential Israel, which slowly unravels and culminates into a divided kingdom. It is relevant for us today as we live in such divisive times. This is an inclusive group study, and no preparation is required, just bring your Bible.



Peace & Prayer: Mid-Week Time of Devotion - Zoom

Wednesdays 11:30-11:45am - Judy Lang hosts a brief time of devotion and prayer via Zoom. This will be an opportunity to spend about 15 minutes centering ourselves in reflective thought and prayer. The link for this mid-week centering time can be accessed by clicking here: [Peace & Prayer Midweek Time of Devotion](#) OR Dial in: (646)-876-9923, Meeting ID: 366 149 7977, Password: 35#.



Word & Coffee 9-10am - Zoom

Pastor David leads this study on the book Genesis. Come and learn how it all began as we discuss these first stories of God interacting with the created world. Each week we will open in prayer, read the passage, and discuss what we have learned/questioned during our reading and reflection. All are welcome, and you may drop in (via Zoom) any week. If you would like to attend, please email Pastor David pastordavidnumc@snet.net. NOTE: a recorded video version will also be available upon request for those who cannot attend the live session.



Nichols UMC - Greater Bridgeport Cooperative Parish

Nichols UMC is part of the Greater Bridgeport Cooperative Parish (GBCP) of the Connecticut District of the New York Annual Conference (NYAC) of the United Methodist Church. What is a Cooperative Parish? It is a ministry structure that helps churches in a defined region work together to meet the needs of the community. By working together as one Parish, we can serve the needs of all the churches and the communities of the Parish in a more efficient and effective way. Missions and ministries opportunities that might not be available at an individual church might be possible when we work together. This can include, but is not limited to, mission events, confirmation, youth group, Bible studies, or other outreach activities. Cooperative Parishes provide the congregations the experience of gifts and leadership of other clergy and

laity. This also allows the clergy and laity across the parish to use their gifts and calling in new ways. In a time when the NYAC has 40 churches without pastors, this model of ministry allows congregations to thrive through the benefits from shared resources among other Parishes while not being limited to just their own pastor. Cooperative Parishes are part of our Book of Discipline and are a Wesleyan model to help expand our church's ministry to the communities we are called to serve.

What does this mean for our church? From time to time you may see other pastors and/or laity from the GBCP in our pulpit while your pastor visits other churches. You may see individuals from other congregations participating in our youth groups, confirmation, and Bible studies. In addition, you might want to take part in a program or ministry that is not offered by our church but is supported by another church in our Parish. If you have questions or wish to know more please reach out to either Pastor David, Judy Lang, our Certified Lay Minister, or Tom Schadlich, our Lay Leader.

Our Parish Coordinator is our own pastor: Rev. David Piscatelli who is appointed by Bishop Thomas J. Bickerton to lead the Parish and coordinate the activities, missions, and ministries to the Parish communities. He is supported by a Parish Council made up of laity and clergy from the Greater Bridgeport churches to help guide the vision of the shared ministries. The Parish Council is co-chaired by Pastor David and Ed Hendricks (laity - Monroe UMC).

Our Parish includes 9 churches surrounding the city of Bridgeport. We are the southernmost towns in the Connecticut District and are a mix of both full-time and part-time churches with a group of well-experienced pastors. Pastors & Congregations:

- Bridgeport, Golden Hill - Rev. Rhonda Taylor; Bridgeport
- Bridgeport, Summerfield - Rev. Dr. Herron Gaston
- Bridgeport, Summerfield (Haitian) - Pastor Joseph Lalanne
- Fairfield, Fairfield Grace - Rev Young Choi
- Easton, Jesse Lee - Pastor Fern Blair-Hart
- Milford, Mary Taylor Memorial - Rev. Roy Grubbs
- Monroe, Monroe UMC - Pastor Chuck Schif
- Stratford, Stratford UMC - Rev. Suhee Kim
- Trumbull, Long Hill - Rev. Clevean Johnson
- Trumbull, Nichols - Rev. David Piscatelli



Sunday School returns on September 11th. All children ages 4 through 7th grade are invited to attend the opening service in the sanctuary, participate in our children's sermon with Pastor David, and then attend Sunday School in the Fellowship Hall. All families will need to fill out a registration form for each child at the start of the year. Forms will be available in the Sunday School Office. Our faith journey continues with exciting Bible stories from the Old and New Testament, crafts, games, music, and discussions. Come

share in this very special time as we grow in our faith together and build our relationship with God.

If you are interested in volunteering in our Sunday School Class, please contact me so I can arrange for Safe Sanctuary training.

Jesus said, *"Whoever welcomes a child... Welcomes me"* Matthew 18:5
Children are our present and our future, our hope, our teachers, our inspiration.

Debbie Redin, Interim Education Director ~ 203.375.1129 ~ debtea123@aol.com

NUMC Youth Group

Happy September! Summer always seems to go by so quickly. We had a lot of fun this summer. We were a small but mighty group, and it was great to have the college kids to hang out with us as well. We had pool parties, a corn hole tournament, TENZI challenges, concerts, fireworks, City Fest, lots of food, and of course ice cream. We also volunteered for Habitat on what seemed to be the hottest day of the summer.

Youth group will kick off on Sunday, September 11th, after the 10am service, at the church picnic. We will provide games for all ages. I will bring parent consent forms to fill out for all youth group participants. I will also be available for any questions about youth group. We will also meet on Sunday, September 18th from 5-7pm, and on Saturday, September 24th we will participate in Habitat for Humanity (16 years of age and over).

I would like to wish all the graduates the best of luck in college. You will be greatly missed, and we look forward to seeing you on school breaks. PLEASE keep in touch. You were a big part of my life and to the younger youth. Thank you for your many years of dedication.

That said, let us see how God is going to be moving this year in youth group. I think things will look different, but I am sure it will be great.

Chrissy Ferrante, Youth Director ~ 203.558.7848 ~ chrissy842001@comcast.net



Volunteers Needed for the Tech Team

We are looking for individuals who are willing to join our Tech Team! What is the Tech Team? It is the people who support the electronic aspects of our worship services including sound, PowerPoint slides, and live streaming. While no experience is necessary, it is important that volunteers are reasonably comfortable with computers. Ideally, Tech Team members would help run the service one to two times per month. Our greatest need is with the 10am service. We would ask that our volunteers arrive at 9:15am and stay until the end of the 10am service. In addition, we are looking for help with the 9am Contemporary Service worship. This service is not live streamed but requires one person to run the slides for our

worship songs. If you want more information or are willing to sign up, please contact Holly Piscatelli at hmpisky@gmail.com. We will be happy to train you in this important role.



TGIF (The Gang In Fellowship) - Friday, October 21st 6:30-8:30pm Adults (over 18 years), Singles, Couples & Everyone Else In Between!

Please join us for **TGIF**, hosted by Pastor David and Holly and the Evangelism Committee! We'll be playing Family Feud and as always, this promises to be a night of fun, laughs and great fellowship. Childcare and dinner (with a gluten & nut-free option) will be provided – NO COOKING! We will begin with a meal in Fellowship Hall and then the kids will separate from their family and have kid time while the adults remain in Fellowship Hall for their own fun. The cost, which includes childcare, is \$5 per person and \$15 per family. Please RSVP to Holly in person, by phone (203-261-5289), or via email (hmpisky@gmail.com) by Sunday, October 16th.



As part of our TGIF program we will be playing Family Feud. Like the game show, which surveys individuals, we will be surveying our congregation. We would like to have at least 100 people respond. So even if you are unable to attend TGIF please consider helping us out with the survey questions. There is an insert in this edition of the Carillon. Responses will be collected through Sunday, October 9th, and can be dropped

off in the designated box in the back of sanctuary. If you prefer to complete this survey online, please click here: <https://www.surveymonkey.com/r/3X6V3YH>.

Fall New Member Classes

Consider becoming a member of our Nichols Church family!

Classes will be held on Sunday, October 16th and 23rd at 11:15am in the lounge and childcare will be provided upon request. New members will be received on Sunday, October 30th at the worship service you attend. More information will be in upcoming church bulletins, the Weekly Nichols' Notes, and next month's Carillon.



Nichols UMC - Family Feud Survey Questions

Please return to the designated box in the back of the sanctuary no later than **Sunday, October 9th**. Thank you!

1. Name a popular hymn _____
2. Name something people do on Christmas Eve _____
3. Name a Bible character you would want as a friend _____
4. What is something people do in church? _____
5. What is something the Pastor says? _____
6. If you could only pick one animal to be on the ark, what would it be? _____
7. What is the hardest commandment to keep? _____
8. What is something people pray for? _____
9. Name a woman in the Bible _____
10. What is a word used more than any other in the Bible? _____
11. Name something found in the stable where Christ was born _____
12. Name something people bring to a church potluck _____
13. Name a disciple of Jesus _____
14. Name an event that takes place at a church _____
15. What is something you see in a church? _____
16. Name a miracle performed by Jesus _____
17. Name a place people go after church _____
18. Name an excuse someone uses for not going to church _____
19. Name a Fruit of the Spirit _____
20. If you had to create a world in 6 days, what is the first thing you would create? _____
21. If the plagues of Egypt were changed for modern times, what would be the most devastating thing God could send? _____

Memorial Service

A memorial service for **Will Gunsolley**, who died on July 7th, will held on Saturday, September 10th at 11am at Nichols UMC. It will also be livestreamed on Zoom. A reception will follow in fellowship hall.

Condolences

Holly Murcko died on August 11th. A memorial service will be planned, and further details announced.

Baptism

Donald Caden (Cade) Sippel, son of Max and Caity Sippel, was baptized on August 14th.



NUMC Body and Soul Yoga Returning This Fall – Beginners Welcome

Come and experience the wonder of yoga. Meditate, stretch, and strengthen as Laurie leads you through this rejuvenating hour leaving you relaxed and stress-free.

Laurie Trupp, Instructor

7 week Fall Session begins Tuesday, September 13th

7:30-8:45pm in NUMC's Fellowship Hall

\$70 for a 7-week session, walk-ins welcome for \$12 a class



Moment for Mission - This month the outreach offering will be for Mobility Worldwide, a faith-based, volunteer-powered, humanitarian, and world-wide organization. This project began in 1994 when a missionary in Zaire, Africa saw a great need for three-wheeled, hand-cranked wheelchairs for victims of polio and landmines. A friend designed a model & several were made and shipped to Zaire in 1995 to be tested under the worst conditions possible. Today Mobility Worldwide is working in over 106 countries to help people be mobile and to be able to support their

families. The goal of Mobility Worldwide is the GIFT OF MOBILITY for all of God's people's in need. Please take the time to read more about Mobility Worldwide on line & see how it has provided a means of transportation for so many people in the world. A life of crawling on the ground to being mobile can be changed for \$350. Hopefully with our donations we'll be able to provide several carts. Checks may be made payable to NUMC with Mobility Worldwide in memo. Thank for your support of this life changing program.



Covenant to Care Backpack & School Supplies Drive - THANK YOU



Heartfelt thanks to everyone who participated in this year's annual backpack and school supply drive to benefit the children of Fairfield County currently in the Covenant to Care program. Our social workers were so excited to receive these backpacks offering hope to all their families. Thanks to your generosity, we as a church overly stuffed 47 backpacks of all colors and sizes with the school supplies needed to get these kids off to a great start this September. The children, their families, the social workers, and especially me, thank you for filling our backpacks with supplies and filling our hearts with hope. So, so thankful! Hugs to all!
~Debbie Redin.



Nichols United Women in Faith Fall Fair

Saturday October 1st - 9am-3pm (sneak peak Thursday, September 29th 3-7pm)

Our Nichols United Women in Faith will host their Annual Fabulous Fall Fair with a few changes. There will be no food served, however there will be our ever popular Bake Sale with pre-packaged items, along with pies and homemade soups to purchase. We have a huge selection of attic treasures, beautiful gold, silver and costume jewelry, and specialty vendors. Come early to get the best selection! Our team of fair elves have been working very hard to get things ready. For additional information please contact Becky Virgalla at

bvirgalla@yahoo.com or 203-788-2889. Helpers are needed on Sunday, September 25th to bring fair items up from basement after the 10am worship service and throughout that week for set up. Thank you.

Offering & Tithe Reminder

Please continue to give faithfully to the church's operating budget. The easiest way to do that is to give online at <https://nicholsumc.org/> or Venmo. You can also mail offering checks to the church at 35 Shelton Road, Trumbull CT 06611. If you need to reduce your pledge because of financial difficulties, please contact Pastor David.





The beauty of fall will soon be upon us. The color of fall in New England is breathtaking. Enjoy God's wonders in nature! Take a long walk and soak up the beauty. It is good for your body, mind, and spirit! Please remember that food is medicine. Use the chart below to stay healthy!

September 2022 Health Tip

Healthy ways to cope with stress during the COVID-19 Pandemic from the CDC

This health tip is still appropriate as it looks like we will be living with Covid 19 and other viruses for a long time. Please utilize these tips to manage your stress.

- Know [what to do if you are sick](#) and are concerned about COVID-19. Contact a health professional before you start any self-treatment for COVID-19.
- Know where and how to get treatment and other support services and resources, including counseling or therapy (in person or through telehealth services).
- Take care of your emotional health. [Taking care of your emotional health](#) will help you think clearly and react to the urgent needs to protect yourself and your family.
- Take breaks from watching, reading, or listening to news stories, including those on social media. Hearing about the pandemic repeatedly can be upsetting.
- Take care of your body.
 - Take deep breaths, stretch, or meditate
 - [Try to eat healthy, well-balanced meals.](#)
 - [Exercise regularly.](#)
 - [Get plenty of sleep.](#)
 - Avoid excessive [alcohol and drug use.](#)
- Make time to unwind. Try to do some other activities you enjoy.
- Connect with others. Talk with people you trust about your concerns and how you are feeling.
- Connect with your community- or faith-based organizations. While social distancing measures are in place, consider connecting online, through social media, or by phone or mail.
- Knowing the facts about COVID-19 and [stopping the spread of rumors](#) can help reduce stress and [stigma](#). Understanding the risk to yourself and people you care about can help you connect with others and make an outbreak less stressful.

[Mental health](#) is an important part of overall health and wellbeing. It affects how we think, feel, and act. It may also affect how we handle stress, relate to others, and make choices during an emergency. People with pre-existing mental health conditions or substance use disorders may be particularly vulnerable in an emergency. [Mental health conditions](#) (such as depression, anxiety, bipolar disorder, or schizophrenia) affect a person's thinking, feeling, mood or behavior in a way that influences their ability to relate to others and function each day. These conditions may be situational (short-term) or long-lasting (chronic). People with preexisting mental health conditions should continue with their treatment and be aware of new or worsening symptoms. If you think you have new or worse symptoms, call your healthcare provider. **Call your healthcare provider if stress gets in the way** of your daily activities for several days in a row. Free and confidential [resources](#) can also help you or a loved one connect with a skilled, trained counselor in your area.

Get immediate help in a crisis

- Call 911
- [Disaster Distress Helpline](#): 1-800-985-5990
- [National Suicide Prevention Lifeline](#): 1-800-273-TALK (8255)
- [National Domestic Violence Hotline](#): 1-800-799-7233

"Don't let your hearts be anxious or fearful." John 14:27

God Bless You All! ~Your Parish Nurses



September 1 Joseph Dineley
September 1 Lily Shay
September 3 Nathan Greene
September 4 Gavin Forde
September 4 Dorothy Lenart
September 4 Katharine MacDonald
September 4 Kate O'Leary
September 5 John Braun
September 5 Lillian Hrbek
September 5 Ashley Quiricone
September 5 Peter Swan
September 6 Rose Marie Bean
September 7 Jeffrey S. Busch
September 8 Bea Carley
September 8 Frank Figerle
September 8 Avery Quiricone
September 9 Bill Pond
September 10 Carole F. Bianco
September 11 Tucker Meier
September 13 Kayla Alves
September 13 Lisa Brady
September 13 Lauren Coe
September 13 Thomas Janik
September 13 Kyle Storck
September 14 Emily Clark
September 14 Carl T. Hansen
September 15 James W. McGrath
September 15 Janette Pond

September 16 Max Sippel
September 17 John M. Bianco
September 17 Carrie Hall
September 17 Margery L. Thoma
September 18 John Mack
September 18 David Weir
September 19 Wesley Shay
September 19 James S. Tarbox
September 20 Laura Foote
September 20 Judy McAllister
September 21 John Pfohl
September 21 Matthew Rolleri
September 22 Johnna Coffin
September 22 Alina Kyrytschenko
September 24 Sally S. Reed
September 24 James Sapia
September 25 Cooper Marquis
September 26 Lois Bunting
September 26 Candace Hansen
September 26 Scott Nestor
September 26 Jerry Presson
September 26 Linda Rojas
September 27 Christine Pogany
September 28 Mike Bruening
September 28 Erik L. Redin
September 30 Erica Meier
September 30 Molly Mellinger
September 30 Ruth M. Norell

September 2022

Sunday	Monday	Tuesday	Wednesd...	Thursday	Friday	Saturday
Every Sunday 3 services start Sep 11 8 AM Worship w/ communion 9 AM Contemporary Service 10 AM Worship w/ nursery care and church school 11 AM Coffee Hour		MDO 2 - 9:30-1:30 Tue, - Fri MDO 3 9:15-1:45 Tue & Fri				
4	5	6	7	8	9	10
10:00 AM Worship w/ Communion and nursery care 7:00 PM AA	Labor Day Office Closed	9:30 AM Memoir Writing 5:30 AA	9:30 AM UMIF Exec. Bd. Mtg. 11:30 AM Peace & Prayer 6:00 PM Confirmation Mtg. 7:00 PM Boy Scouts 8:00 PM AA	8:00 AM -3:00 PM MDO CPR Trng 9:00 AM Word & Coffee 10:00 AM AA 6:30 PM Choir Rehearsal		10:00 AM Will Gunsolley Memorial Service and Reception
Rally Day						
11	12	13	14	15	16	17
9:00 AM Confirmation Class 9:00 AM Bible Study 11 AM Picnic - NIA 7:00 PM AA	6:00-8:00 PM Cub Scouts 7:00 Council on Ministries Meeting	5:30 PM AA 6:30 PM Bells 7:30 PM Yoga	11:30 AM Peace & Prayer 11:30 AM UMIF Luncheon & Program 7:00 PM Trustees Mtg. 7:00 PM Boy Scouts 8:00 PM AA	10:00 AM AA 6:30 PM Choir Rehearsal		7:30 AM Merton House Sandwiches
18	19	20	21	22	23	24
9:00 AM Confirmation Class 9:00 AM Bible Study 7:00 PM AA	6:00-8:00 PM Cub Scouts 7:00 Finance Bd Meeting	9:00-11:45 AM MDO Parent Mtg 9:30 AM Memoir Writing 5:30 PM AA 6:30 PM Bells 7:30 PM Yoga	9:00-11:45 AM MDO Parent Mtg 11:30 AM Peace & Prayer 6:30 PM ASP Adv. Bd. Mtg. 7:00 PM Boy Scouts 8:00 PM AA	9:00-11:45 AM MDO Parent Mtg 10:00 AM AA 6:30 PM Choir Rehearsal	9:00-11:45 AM MDO Parent Mtg	
9:00 AM Bible Study						
25	26	27	28	29	30	1
11:30 AM Bring fair items upstairs from lower level.	Fair Setup - No F/H Use	Fair Setup - No F/H Use 5:30 PM AA 6:30 PM Bells	Fair Setup - No F/H Use 11:30 AM Peace & Prayer 8:00 PM AA	Fair - No F/H Use 10 AM AA 3:00 - 7:00 PM Fall Fair 6:30 PM Choir Rehearsal	Fair - No F/H Use	
2	3	4	5	6	August 2022 Su Mo Tu We Th Fr Sa 31 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3 4 5 6 7 8 9 10	
					October 2022 Su Mo Tu We Th Fr Sa 25 26 27 28 29 30 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 1 2 3 4 5	

Nichols United Methodist Church

The Carillon

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Submit articles through

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DEADLINE FOR THE October 2022 ISSUE IS September 9th

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Welcome Back Luncheon – Wednesday, September 14th

As summer comes to an end, our Nichols United Women in Faith have been very busy preparing for their fall fair to be held on October 1st. We are also scheduling new and exciting programs for our monthly luncheons held the second Wednesday of each month. To kick things off,

NUWF cordially invites all women and men to our welcome back luncheon in Fellowship Hall. We are excited to have Becky Virgalla leading us all in “Laughing Chair Yoga”. No prior yoga experience is needed and laughter makes everyone feel better. Our times are as follows: 11:30am fellowship, 12noon meeting, and 12:15pm luncheon followed by our program. If you are not already on our calling list, you may make reservations by calling June Hoyt (475-319-2656) or Jan Moore (203-375-4636). The cost is \$7.00 and place settings will be provided. Looking forward to seeing everyone!



Executive Board Meeting – Wednesday, September 7th at 9:30am in the Lounge.